



The Sailing Club Hua Hin

Youth Sailing Scheme Stage 1

- Can assist with rigging a dinghy.
- Can launch a dinghy and get under way with instruction.
- Can assist with recovery and stowage of dinghy and gear.
- Can secure a dinghy to trolley.
- Can tie a figure of eight, reef knot and cleat a halyard.
- Be a responsive crew under instruction* (i.e. adjust balance, dagger-board and mainsail)
- Can steer when sailing and being towed
- Can steer on a reach and go about (reach to reach)
- Understands the effect of basic boat controls
- Understands the basic principles of stopping, controlling speed and getting out of irons.
- Can paddle or row round a short triangular course (sprit paddle or oars)
- Can call for assistance
- Can put on a buoyancy aid correctly.
- Is confident in water, wearing a buoyancy aid.
- In the event of a capsize understands the importance of staying with the boat.
- Can name basic parts of a boat (i.e. hull, mast, rudder, tiller, dagger-board, sheets etc)
- Understand what action to take to help those in distress.
- Understands how to prepare for a tow.
- Understand personal safety and know what to wear for sailing (including head and footwear).
- Has knowledge of wind direction.