



SAILING CLUB  
HUA-HIN

# The Sailing Club Hua Hin

## Adult Basic Skills Level 2

- Understands how to rig according to weather conditions
- Can reef a dinghy ashore
- Can tie a bowline, clove hitch & reef knot.
- Can demonstrate the "Five Essentials" – sail setting, balance, trim, course made good and dagger board.
- Understands the points of sailing and can demonstrate them on a triangular course.
- Is proficient at tacking upwind and gybing from a training run.
- Can demonstrate leaving and returning to a beach, jetty or mooring
- Can demonstrate coming alongside a moored boat and picking up a mooring.
- Can demonstrate man overboard recovery.
- Can right a capsized dinghy effectively as helm/crew.
- Can prepare for/take up tow from a power craft.
- Has an understanding of course and starting procedure for racing.
- Understands lee shore dangers and sailing in close company with other water users.
- Has knowledge of how a sail works and sailing boat moves
- Understands the Beaufort Wind Scale and changing weather conditions.
- Understands tide tables, tidal sequence of springs and neaps, ebb and flow.
- Knowledge of speed over the ground with/against tidal flow and knowledge of estuaries and harbour mouths – conditions and hazards
- Is aware of lee shore dangers and sailing in close company with others
- Knows how to obtain a weather forecast.
- Understands the importance of boat buoyancy and basic safety equipment. E.g. anchor, paddle, bailer.
- Understands the importance of first aid kit and flares including stowage. Visual methods of attracting attention and action to help those in distress.